



Fiocco di Neve

RELAIS & SPA

*****L



IL CRISTALLO

wellness & spa

The luxury of... wellness



IL CRISTALLO



Wellness & SPA

Each Crystal is unique, full of light and rich of facets and hues. They are symbols of Transparency and brightness, which enclose two fundamental elements for life: water and air.

Water as in sea and air like the mountain; Limone Piemonte contains the synergy between these two environments which have always been recognized as beneficial for human health. Limone Piemonte is located just halfway between the sea and the mountains, where the famous route 'La Via del Sale' transforms into magnificent panoramas and evoking exciting emotions.

Each crystal also contains all the five elements recognized by all philosophies related to wellness: fire, earth, metal, air and water.

Our Spa offers synergies of pathways and treatments inspired by these primordial elements which connect us to life and Mother Earth. It takes care of the well-being of each of our guests, in their own uniqueness and in their own nuance and perception of wellness, of being well within themselves.

Based on this concept, our Spa offers sensory and emotional rituals, which valorize natural ingredients and elements to gently care for your skin.

SPA Manager
TIZIANA GUIDO
spamanager@fioccodineverelais.com



Relax in our hands

The Wellness Center is open from 11:00 to 7:00 pm.

Access for the age group between 4 and 12 is reserved from 11:00 am to 2:00 pm, always accompanied by an adult.

Access for the age group 12 years and upwards is reserved from 11:00 am to 7:00 pm, always accompanied by an adult.

They are not allowed to use the sauna and steam bath.

✿ The opening hours may change during the season.



EXTERNAL GUESTS

Spa IL CRISTALLO offers our guests different options:

Massages and treatments are also available without access to the wet zone. At arrival you will find the "welcome kit" containing a bathrobe, slippers and towel, to give back at the end of the stay. An anticipated reservation is required.

The time slot for the wet zone entrance is from 11:00 am to 1:00 pm, or from 12:00 am to 2:00 pm. We recommend showing up at the reception Spa 10 minutes before the appointment for massages and treatments.

In case of delay, times will be adjusted in respect of the next guest.

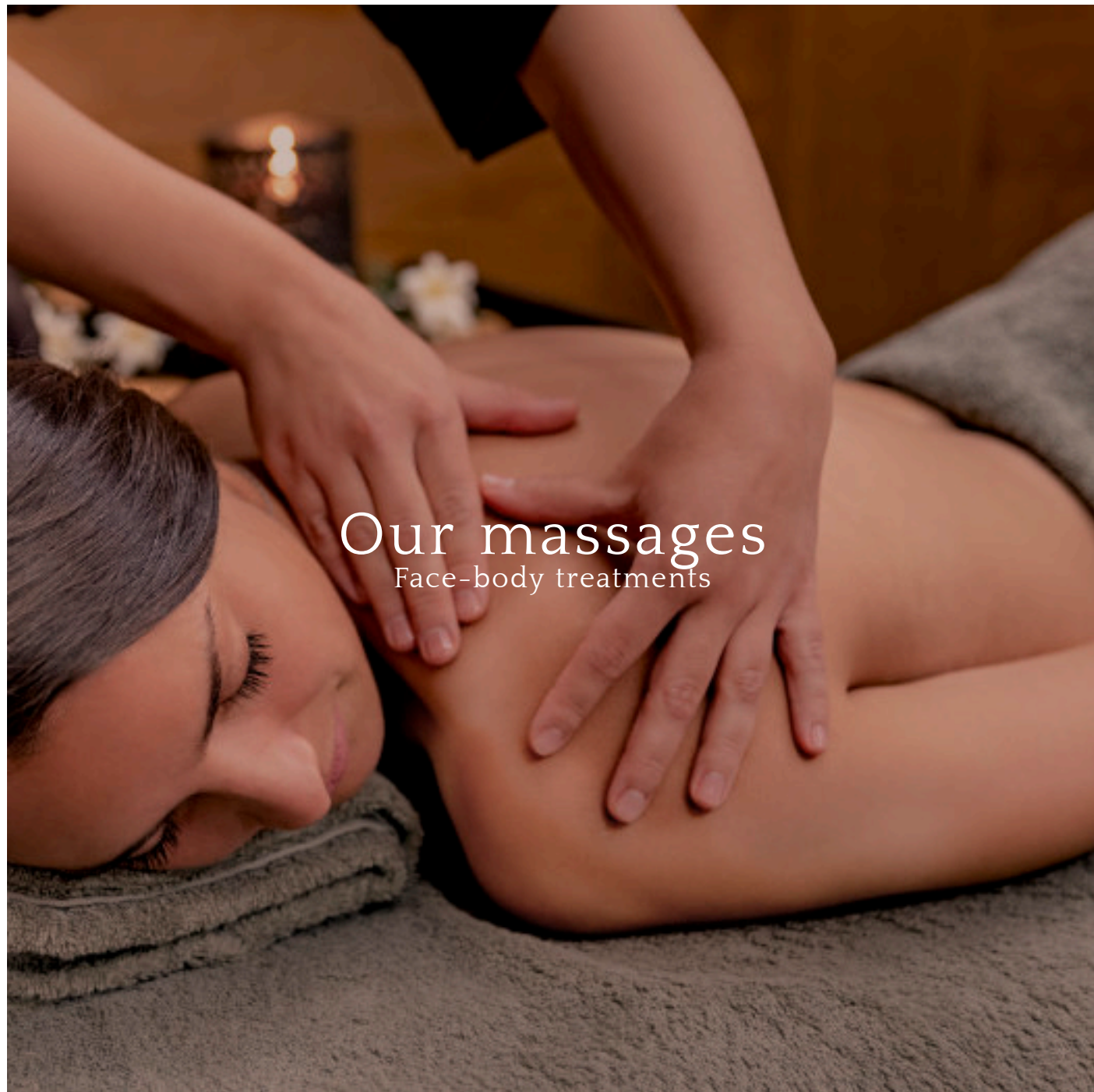
FIOCCO DI NEVE RELAIS & SPA GUESTS

Access to IL CRISTALLO Spa entrance included from check-in at 3:00 pm to check-out at 11:30 am.

Admission includes: SPA and fitness area. In the room you will find the "kit of welcome Spa" with bathrobe and slippers to wear to access the Spa.

An anticipated reservation is required. We recommend you come to the Spa reception 10 minutes before the appointment for massages and treatments.

In case of delay times will be adjusted in respect of the next guest.



Our massages

Face-body treatments



OLFACTORY SENSORIAL RELAXATION MASSAGE

A relaxing and regenerating facial and body massage, lulled by the olfactory notes of our delicate and precious nourishing, elasticising and moisturising oils.

TREATMENT DURATION	50' 85€	80' 110€
COUPLE TREATMENT DURATION	50' 170€	80' 220€



SENSORIAL RELAXATION MASSAGE WITH KARITE

A relaxing, restructuring and nourishing facial and body massage to restore deep hydration to the skin. The elasticising and softening shea, is enriched with precious Argan oil, with its multiple properties, and delicate olfactory notes for a journey into well-being. Ideal both in summer, after exposure to the sun, and in winter to restore freshness to a skin marked by cold and wind.

TREATMENT DURATION	50' 95€	80' 120€
COUPLE TREATMENT DURATION	50' 190€	80' 240€



SCENTED CANDLE MASSAGE

A relaxing body massage with a warm, scented candle based on shea balsam:
a sensory journey that will soften your skin with delicate olfactory notes.

TREATMENT DURATION 50' | 90€
COUPLE TREATMENT DURATION 50' | 180€



LYMPH-DRAINING MASSAGE

The masseur's manoeuvres will be very gentle with pumping movements.
This particularly gentle technique improves circulation, stimulates the lymph flow and strengthens the immune system.

TREATMENT DURATION 50' | 95€ PARTIAL
TREATMENT DURATION 90' | 180€ TOTAL



SPORTS-DECONTRACTING MASSAGE

The treatment involves stretching manoeuvres that aim to re-stretch the main muscle areas
muscles. Manoeuvres with a decontracting action, reactivate muscles and release tensions
deep and persistent tensions.

TREATMENT DURATION 25' | 55€
TREATMENT DURATION 50' | 100€



SWEET EXPECTATION MASSAGE

Moisturizing face and body massage, for a pleasant cuddle, with shea butter.

• **A medical certificate is required for the massage.**

TREATMENT DURATION 50' | 95€



HEAD - NECK - SHOULDERS DECONTRACTING MASSAGE

A very special massage that awakens the senses!
The special massage techniques ideal for release muscle tension.

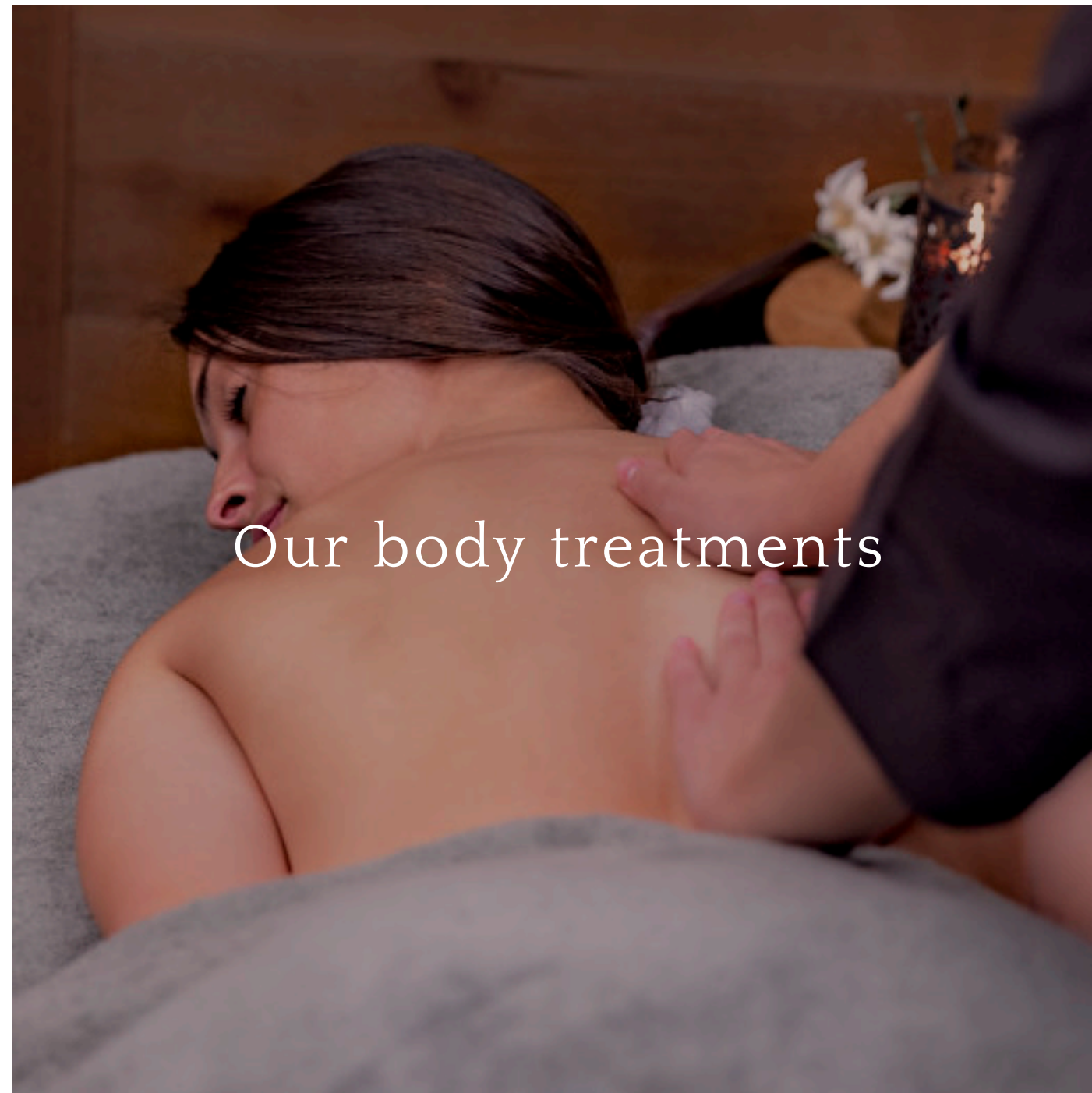
TREATMENT DURATION 25' | 45€



LEG AND FOOT MASSAGE

Specific techniques for relaxing tired legs, giving lightness with a touch of
freshness and improving circulation and swelling.

TREATMENT DURATION 25' | 45€





WRAPS AND ENVELOPPEMENT

MOUNTAIN REPAIR RITUAL

A super nourishing and repairing enveloppement based on sesame cream, honey and royal jelly.

Royal jelly, ideal both after exposure to cold and wind and after exposure to the sun at high altitude. Deeply moisturises and nourishes, helping to rebuild the protective lipid film of the skin.

Perfect for delicate skins that tend to blush and suffer from changes in temperature. While the body pack is being applied, the mask is also applied to the face. ✨

TREATMENT DURATION 25' | 65€



DETOX SEA RITUAL

Detoxifying and remineralising body pack with Dead Sea mud.

It improves surface blood circulation, oxygenation and tissue tone. ✨

TREATMENT DURATION 50' | 65€



WRAPS AND ENVELOPPEMENT

EARTH RITUAL

A full-body wrap and a face mask with the four coloured clays (green red, yellow, white), which will be selected and applied by our Therapists depending on of the desired properties, body, skin, organic and energy or according to the need of the moment. ✨

TREATMENT DURATION 25' | 75€

✨ It is recommended to combine all pack rituals with a subsequent massage to optimise skin hydration and nourishment.

✨ It is possible to create synergies by combining a scrub and a wrap/enveloppement or a scrub, a wrap/enveloppement and a massage.



SCRUB E GOMMAGE

LIGHT RITUAL

Multi-sensorial body scrub with alum crystal scrub powder, enriched with honey, royal jelly and delicately scented. It removes all impurities and dead cells, and leaves the skin silky smooth. Thanks to the honey, royal jelly and sweet almond oil scented, it simultaneously provides nourishment, moisture and softness. Illuminates the complexion, regenerating and brightening the skin. ✨

TREATMENT DURATION 25' | 65€



PINK CRYSTALS AND ARGAN RITUAL

Gentle body and face scrub with pink crystals and argan shells also suitable for thin and delicate skin. Particularly pleasant and, at the same time effective gives the skin a sense of lightness by removing impurities and leaves a velvet of softness to rediscover the pleasure of feeling good in your own skin. ✨

TREATMENT DURATION 25' | 75€



SEASONAL SCRUB AND GOMMAGE

SALT ROUTE RITUAL - SUMMER SPECIAL

A body scrub with salt crystal powder mixed with Argan balsam. Removes dead cells, regenerating the skin. Smooth and soft, with improved oxygenation and tone, the skin will be more radiant. A pampering of pleasant well-being. ✨

TREATMENT DURATION 25' | 80€



VERMENAGNA VALLEY - WINTER SPECIAL

A gentle body scrub with chickpea powder. Removes dead cells, regenerating the skin and making it more radiant. A gentle pampering for the well-being of skin. ✨

TREATMENT DURATION 25' | 75€

- ✨ It is recommended to combine the Vermenagna Valley Ritual with the Earth Ritual with clays coloured clays.
- ✨ It is recommended to combine all the Scrub rituals with a subsequent massage to optimise skin hydration and nourishment.



SPECIFIC TREATMENTS

BACK RITUAL - RELAXING/MUSCULAR

Chickpea scrub to purify, exfoliation with kassa glove, sesame mask to repair. In Formula Plus it is combined with the specific relaxing/muscle massage decontracting back massage with Sesame Oil to eliminate fatigue and relax the muscles.

TREATMENT DURATION 25' | 75€
WITH MASSAGE 50' | 150€



SWEET EXPECTATION RITUAL

A ritual dedicated to expectant mothers aimed at giving elasticity, nourishment, hydration and incomparable softness to the tissues. A sesame mask for face and body.

TREATMENT DURATION 40' | 85€

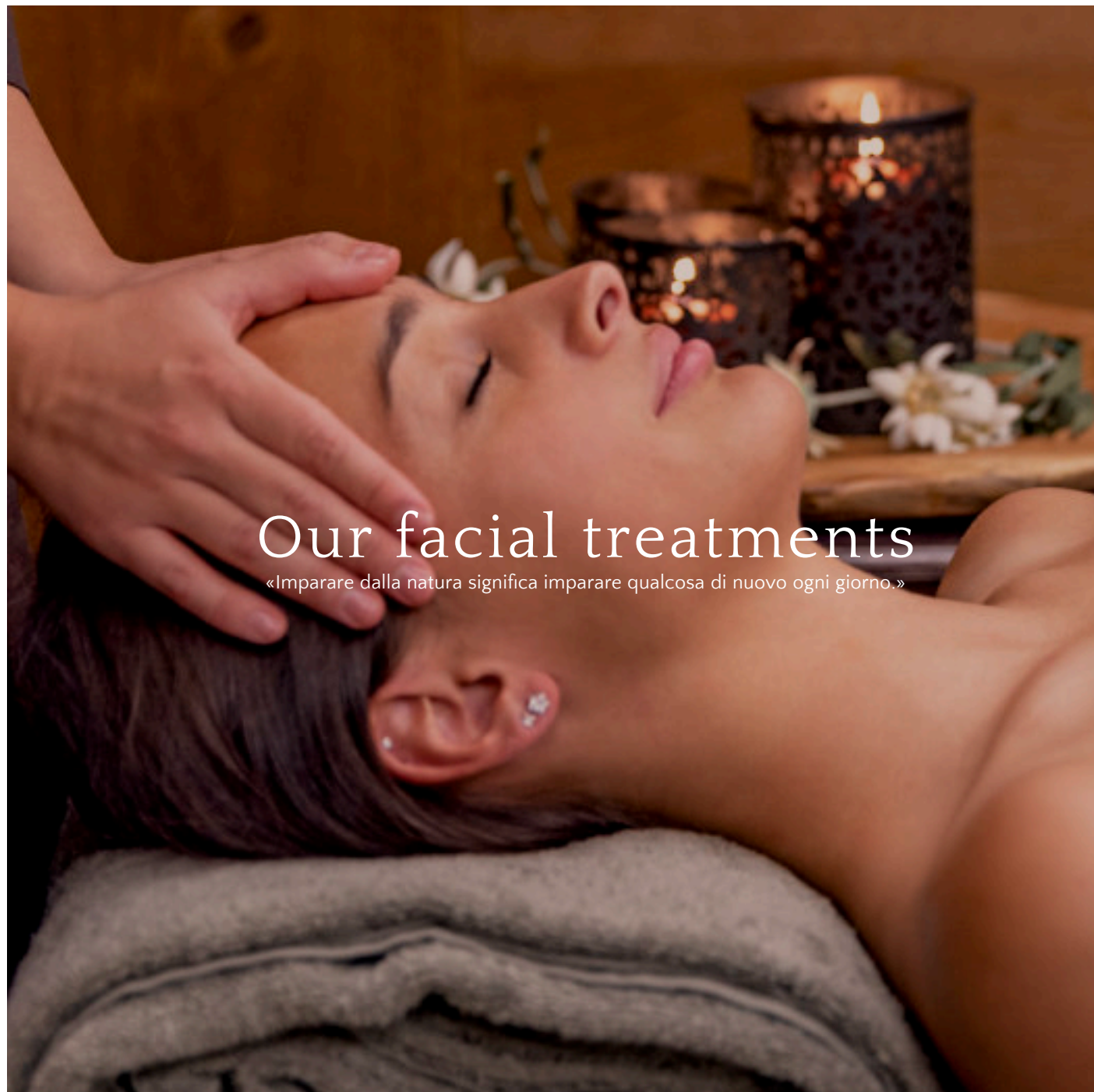


SPECIFIC TREATMENTS

PAMPERING FOR TWO 'THE CRYSTAL'

Alum scrub and face and body mask with white crystals, sensual massage with warm pads for a shared, regenerating moment of relaxation and rediscovered wellbeing.

TREATMENT DURATION 100' | 380€



Our facial treatments

«Imparare dalla natura significa imparare qualcosa di nuovo ogni giorno.»



WHITE ILLUMINATING FACIAL RITUAL

Facial treatment including cleansing, scrub, double mask and massage. The white crystal mask moisturises, nourishes, tones and gives your face a magnificent glow, lightening the signs of imperfection.

TREATMENT DURATION 50' | 130€



ARGAN ANTI-AGEING GREEN GOLD FACIAL RITUAL

Complete facial treatment including cleansing, scrub, mask and massage. All the products and ingredients used in this protocol are based on the precious Argan Oil. Rich in polyunsaturated fatty acids and omega 3 and 6, it moisturises, nourishes in depth, tones, elasticises tissue and helps maintain a youthful appearance.

TREATMENT DURATION 50' | 150€



PURIFYING RAY OF LIGHT FACIAL RITUAL

Complete facial treatment including cleansing, scrub, mask and massage to purify the skin and eliminate dead cells and impurities.

TREATMENT DURATION 50' | 110€



PREMIUM INTENSIVE ULTRASONIC LIFTING RITUAL

Facial treatment, a completely new procedure to make the face more toned fresh and youthful. Natural functional principles are transported to the deepest layers of the skin with the help of ultrasonic frequencies. Biostimulation of the tissue ensures a visibly firmer skin appearance. Depending on the skin condition, the treatment is individually adapted to your needs.

TREATMENT DURATION 80' | 180€



FACIAL RITUAL FOR HIM

Complete facial treatment including cleansing, scrub, mask and massage, specifically for men's skin.

TREATMENT DURATION 50' | 100€



PLUS VERSION BEARD MAN WITH SOOTHING MASK

Specific mask treatment to soften and purify the beard.

TREATMENT DURATION 15' | 30€



Our hand and foot rituals



HAND CEREMONY

A hand ritual that takes care of the skin of this exposed area. A soak with the precious, colourful rosebuds, which release their essence, will make you feel like a real princess.

The protocol includes cuticle treatment, a gentle and extremely pleasant scrub with argan and rose crystals, a super nourishing mask super nourishing mask, a moisturising massage and nail polish application.

TREATMENT DURATION 45' | 60€ ✨



FEET CEREMONY

A wellness and relaxation ceremony for the feet that takes care of the skin of this area so delicate and stressed. A soak with the precious and colourful rose buds, which release the essence, and with black soap that will give softness.

The protocol includes the traditional pumice stone to remove calluses and impurities from the heels, the cuticles, a perfumed and refreshing scrub with alum crystals, a nourishing mask a super-moisturising massage with the fabulous shea butter and the laying of the enamel.

TREATMENT DURATION 45' | 70€ ✨



HAND AND/OR FOOT PACK WITH SHEA BUTTER AND PARAFFIN

Ideal for dry, dehydrated and chapped skin, the shea butter compress allows you to restore nourishment to the skin, giving the pleasant sensation of new softness with paraffin wax.

TREATMENT DURATION 25' | 40€



OUR BEAUTY TREATMENTS

MANICURE ✨

TREATMENT DURATION 40' | 35€

PEDICURE ✨

TREATMENT DURATION 50' | 55€

✨ to the following treatments we can add the application of:

INFINITE SHINE +10' | 10€

Long-lasting nail polish (up to 11 days).

Cures in ambient light in a few minutes and is easily removed with a solvent.

GEL COLOUR +40' | 40€

Semi-permanent nail polish, No coverage in Gel. Cures in LED lamp.

GEL BREAK +10' | 20€

Curative treatment that helps nails become healthy again in just one week ideal after gel reconstruction or for damaged nails.

GEL COLOUR REMOVAL (SEMI-PERMANENT) +15' | 15€



EPILATION

TOTAL	starting from	130€
PARTIAL	starting from	25€
SMALL ZONES	starting from	10€



Fiocco di Neve

RELAIS & SPA

*****L

spa@fioccodineverelais.com